

# Practical Family Discipleship – Deuteronomy 6:4-7

## WHEN YOU SIT AT HOME (around the house)

1. Family dinners together
  - High, low, buffalo
  - Encourage each other
2. Prioritize family fun night
3. Play a family game
4. Clean up together
  - Play 2 worship songs for cleanup time
  - Finish with dance party
5. Movie night
  - Talk about it after
  - Watch “The Chosen”

## WHEN YOU WALK ALONG THE WAY (driving around, going & coming)

1. Pray for the waiter at the restaurant or drive-thru
2. Worship music in the car
3. Take time to stop and help people in need
4. Have a consistent car question:
  - What are you thankful for?
  - Where did you see Jesus today?
5. Take a family walk together
6. Declarations of identity before school each day!

## WHEN YOU LIE DOWN (bedtime routine)

1. Have a nighttime routine:
  - Bath
  - Read/tell a story from the Bible
  - Pray for them
  - Hear memory verses
2. Be ready—open up their private world (linger)
  - Ask a question
  - Don't rush
3. Speak a blessing
  - Pray Scripture over them
  - Love you more than 9000 Millennium Falcons
4. Help kids fight fear with verse memory: 1 John 4:18, etc.

## WHEN YOU WAKE UP (morning routine)

1. Family devotionals
  - Have a map—pray for the world/missionaries
  - Make it fun
  - Sing a song—JESUS
  - Bible stories work best
2. JAM time together
3. Wake them up with identity
  - “Man of God”
  - “Beautiful”
4. How can I pray for you today?
  - Teach them to ask this
  - Everybody encourage one person