

Prayer For Healing

Exodus 15:26 – I am the Lord, your healer.

1. Write a list of areas in your life or the lives of those around you where healing is needed. Healing can be physical, emotional, relational, etc. Find a Scripture for each place of need, one that declares God's character as Healer. (Isaiah 53:4-5, Psalm 30:2, Mark 9:25, Acts 3:6) Use these Scriptures to pray for healing in your time with God. Memorize these Scriptures and use them as you have opportunity to pray for healing for others.
2. When you encounter someone needing healing, ask the person about their situation and when the pain began. Ask God for insight about the person, their need, and the root issue. For physical healing, ask them to rate the pain on a scale of 1-10 to observe if the condition is getting better as you pray.
3. Ask the Lord how to pray for them.
 - Petition/request to God for healing – "Father, in Jesus' name I ask You to heal the inflammation in Joe's knee and take out the swelling and pain."
 - Command addressed to the infirmity, a condition in the body, to an evil spirit, or to break a curse/vow – "In the name of Jesus I command the inflammation in Joe's knee to be healed and all swelling and pain to leave."
Acts 3:6 Peter said... "In the name of Jesus Christ the Nazarene—walk!"
Mark 9:25 Jesus... "You deaf and mute spirit, I command you, come out of him and do not enter him again."
4. Lay a hand on a shoulder or if appropriate on the area of pain. Ask for healing in the name of Jesus. Pray simply and boldly. Pray hope-filled, loving prayers.
5. Follow up by asking how they are doing. Have they noticed a change in their physical body? Has their mind become clearer and more peaceful? Continue to persevere in prayer in your own time with God.