

Freedom Prayer Guide 07—

FREEDOM FROM GENERATIONAL SIN

GETTING STARTED:

Prior to doing this freedom step, please listen to the following teachings from Antioch Waco's Journey to Freedom teaching series:

- Journey to Freedom: You Can Be Free
- Journey to Freedom: Jesus Came to Heal the Brokenhearted
- Journey to Freedom: The Process of Freedom
- Journey to Freedom: Freedom from Idolatry
- Journey to Freedom: Freedom from Rebellion
- Journey to Freedom: Freedom from Pride
- Journey to Freedom: Freedom from Lies and Deception
- Journey to Freedom: The Freedom of Walking in the Spirit
- Journey to Freedom: Freedom from Generational Sin

You can listen to these at <https://antiochwaco.com/series/journey-to-freedom/>

In this Freedom Prayer Guide, we are going to take time to prayerfully:

- Identify areas where we are walking in generational sin
- Break our ties with these sins and the bondage they bring
- Release the power of God's generational blessing

REVIEW THE TEACHING:

As a discipleship group discuss what you learned from the sermon Freedom From Generational Sin

Key Scriptures from the Teaching:

- *Lamentations 5:7* — "Our fathers sinned, and are no more; and we bear their iniquities."
- *Nehemiah 9:2* — "They stood in their places and confessed their sins and the sins of their ancestors."
- *Gen. 1:27-28* — "God created man in His own image, in the image of God He created him; male and female He created them. God blessed them; and God said to them, "Be fruitful and multiply, and fill the earth, and subdue it; and rule over the fish of the sea and over the birds of the sky and over every living thing that moves on the earth."
- *Psalms 103:17-18* — "But from everlasting to everlasting the Lord's love is with those who fear him, and his righteousness with their children's children— with those who keep his covenant and remember to obey his precepts."
- *Exodus 20:4-6* — "You shall not make for yourself [a]n idol, or any likeness of what is in heaven above or on the earth beneath or in the water under the earth. 5 You shall not worship them or serve them; for I, the Lord your God, am a jealous God, visiting the iniquity of the fathers on the children, on the third and the fourth generations of those who hate Me,"but showing lovingkindness to thousands, to those who love Me and keep My commandments."

- **Galatians 3:13-14** — “Christ redeemed us from the curse of the Law, having become a curse for us—for it is written, “Cursed is everyone who hangs on a tree”— in order that in Christ Jesus the blessing of Abraham might come to the Gentiles, so that we would receive the promise of the Spirit through faith.”

As a reminder, the big ideas shared in the sermons are:

- “God’s intention and desire to bless humanity is a central focus of his covenant relationships. For this reason, the concept of blessing pervades the biblical record. Two distinct ideas are present. First, a blessing was a public declaration of a favored status with God. Second, the blessing endowed power for prosperity and success. In all cases, the blessing served as a guide and motivation to pursue a course of life within the blessing.” Baker’s Evangelical Dictionary of Biblical Theology.
- The curse of sin means to be under the weight of God’s judgment due to sin, essentially experiencing the negative consequence of disobedience to God’s law. And without repentance, not only does this condemn the individual, but affects the generations of their family and all they interact with.
- Sin’s curse doesn’t just impact us, but it impacts generations.
- We have been impacted by the sins of our ancestors, and our offspring are impacted by our sin.
- However, the cross has the power to break sin’s generational curse and to leave a generational blessing in its place.
- Our freedom has the power to make a way for our children and their children to walk in freedom.

REMEMBER:

God loves you with an everlasting love (Jeremiah 31.3) and is with you (Hebrews 13.5). As we go through this freedom prayer experience, we want to encounter God in fresh ways and let Him love us, free us, heal us and transform us (Revelation 1.4-5) into people who love Him and love others wholeheartedly (Mark 12.30-31).

As we go through each step, be attentive to the Holy Spirit’s leadership and guidance.

Opening Prayer:

Have someone lead out in praying this guided prayer over your group:

Heavenly Father, thank you that you have the power to break the generational bondage that sin has brought in and through my life and to give me a generational blessing. Please search our hearts, our thoughts and our lives and reveal to us any places I or my family have been impacted by generational sin.

CONFESS:

A simple working definition of confession is *agreeing with God's perspective on a topic.*

Scripture gives us a great promise for the power of confession:

- *1 John 1:9: "If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness."*
- *Proverbs 28:13: "Whoever conceals their sins does not prosper, but the one who confesses and renounces them finds mercy."*

During this phase of the freedom journey, we want to turn to God's Word and God's Spirit to highlight to us places where we have believed lies, and then we are going to take time to prayerfully confess this.

Generational Sin Inventory:

Prayerfully read over the following list of common areas from Scripture where people were impacted by generational sin and note any that you and your family can relate to:

- Abraham's repeated lies became a pattern repeated by his son Isaac, and grandson Jacob (*Genesis 12, 20, 26, 27*)
- David's sexual immorality became a pattern that his sons followed (*2 Samuel 13, 2 Samuel 12.11-12, 1 Kings 11.3*)
- Manasseh's worshipped other gods and practiced witchcraft and sorcery. This became a pattern that his son Amon followed and was destroyed by (*2 Kings 21*)
- The lack of faith of the generation that left Egypt led to their children wandering in the wilderness for 40 years (*Numbers 14.20-23*)
- Eli's failure to discipline his sons impacted his entire lineage (*1 Samuel 2-4*)
- Saul's disobedience squandered his son's inheritance (*1 Samuel 13.13-14*)

Places of Generational Sin:

As you consider these examples, ask the Holy Spirit to reveal to you places where you are walking in the generational sin of your family, or where your sins are impacting the generations that come after you.

Take time to write out a list of specific situations that the Spirit is convicting you of walking in generational sin.

REPENT:

A working definition of repentance encompasses **experiencing godly sorrow over your sin** (*2 Corinthians 7.10*), turning away from that sin and turning towards the Lord (*1 Thess 1:9*), as well as bearing the fruit of genuine change (*Matt. 3.8*). The Lord extends mercy and forgiveness to the repentant (*Isaiah 55.7*).

After everyone has prayerfully considered the Generational Sin Inventory, bring the group back together and cast vision for how to respond.

As we have identified places we have walked in generational sin, we have an opportunity to experience the freeing power of Jesus as we confess and repent of these places of sin, and humble ourselves before the Lord.

The story of Josiah provides a good template for showing us how to break ties with generational sin:

- He was convicted by God's Word for the ways his people had been walking in sin (*2 Chronicles 20:19*)
- He confessed and repented of these sins and God forgave him and gave him a blessing (*2 Chronicles 20.26*)

God's Word gives us great encouragement about the power of repentance:

- *2 Corinthians 7:10 (NIV):* "Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death."
- *Acts 3:19 (NIV):* "Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord."
- *2 Chronicles 7:14 (NIV):* "If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land."

As we confess our sins and repent of them (forsake them) we will find fresh mercy, healing, forgiveness and cleansing in our lives and times of refreshing from God's Spirit.

Use your inventory above and the guided prayer below to confess and repent of walking in the flesh and receive the forgiveness and cleansing power of Jesus.

Guided Prayer of Confession, Repentance and Receiving Forgiveness:

Lord, I confess and now reject and disown all of the sins of my ancestors. I specifically renounce the sins of _____.

As one who has now been delivered from the domain of darkness into the kingdom of God's Son, I cancel out all demonic working that has been passed down to me from my family. As one who has been crucified and raised with Jesus Christ and who sits with Him in heavenly places, I renounce all satanic assignments that are directed toward me, my family and my ministry. I cancel out every curse that Satan and his workers have put on me. I announce to Satan and all his forces that Christ became a curse for me when He died for my sins on the cross (See Galatians 3:13). I reject any and every way to which Satan may claim ownership of me. I belong to the Lord Jesus Christ who purchased me with His own blood. I reject all blood sacrifices whereby Satan may claim ownership of me. I declare myself to be fully and eternally signed over and committed to the Lord Jesus Christ. By the authority I have in Christ, I now command every familiar spirit and every enemy of the Lord Jesus that is influencing me to leave my presence. I commit myself to my heavenly Father to do His will from this day forward and I ask that a generational blessing would flow from me to my children and my children's children. Amen.

REPLACE:

Repentance leads to sin being replaced with new life, healing and renewal.

As we have broken ties with generational sin, take time to listen to the Holy Spirit for ways that He wants to give you a generational blessing to leave to your children and their children.

RESTORE:

What do you need to do next to walk in God's generational blessing?