



JESUS. OUR GREAT PHYSICIAN

PERSONAL DEVOTIONAL PLAN

We desire our church to cultivate a habit of daily time alone with God to build a *rich, intimate and joyfully abiding* relationship with the Lord that is *lifelong, life-giving and life-shaping*.

This summer, we're studying the Gospel of Matthew as a church. We want to encourage you to read the Gospel of Matthew in your daily time alone with God and utilize Antioch's new worship album, "Make us One," to fuel your devotional life.

GOSPEL OF MATTHEW READING PLAN

Throughout Scripture, God's Word is described with metaphors to communicate its impact in our lives. God's Word is described as a light that guides us, milk that helps us grow, fire that refines us, a scalpel that brings healing to our wounds, a seed that bears fruit in our lives, a mirror that lets us accurately see ourselves, a soap that cleanses us, a rain that refreshes us, a power source that strengthens us and a honey that satisfies us.

One of the most powerful metaphors is that of Scripture being the bread we live from:

Matthew 4:4 — Jesus answered, "*It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'*"





DAILY BREAD

This summer, we want to learn how to “feast” on the daily bread of God’s Word. We’ve created a matching acronym to be a helpful tool:

B — *BEGIN WITH PRAYER*: As you begin, ask God to help you understand and be strengthened by His Word.

R — *READ LIKE A STUDENT*: Read a portion of Scripture and study what it means. We are feeding our minds with Truth.

E — *ENCOUNTER THE LORD*: Slowly meditate on the passage of the day. Notice anything that stands out to you and let the Holy Spirit nourish your heart.

A — *APPLY INTENTIONALLY*: Jesus exhorts us to be *doers* of His Word, not only *hearers*. How have you experienced what you’ve read about? How are you applying these words in this season? How is God calling you to respond?

D — *DELIGHT THROUGH THE DAY*: The Scriptures are not meant to be a burden, but are to be delighted in. As you begin your day, how can you delight in these words?

If you don’t get through all the letters in the time you have, don’t worry! Pick up tomorrow where you left off. The goal is not to get through the acronym, but to feast on Scripture as your daily bread.

SUGGESTED READING PLAN:

For each day of June and July, read the chapter of Matthew that corresponds with the date. For example:

June 1 & July 1 — *Matthew 1*

June 2 & July 2 — *Matthew 2*