## Roles & Goals

The start of a new season is a great opportunity for *reflection, realignment and setting new goals* for the season ahead. In every season, we all have an invitation to seek God's heart, catch His vision, set new goals and make the most of the time God has given us.

Before we jump into setting goals, let's renew our minds with what the Word of God says about **living** intentionally:

*Ephesians 5:15-17* Therefore be careful how you walk, not as unwise men but as wise, making the most of your time, because the days are evil. So then do not be foolish, but understand what the will of the Lord is

Psalm 90:12 So teach us to number our days, that we may present to You a heart of wisdom.

*Proverbs 16:1-3* The plans of the heart belong to man, but the answer of the tongue is from the Lord, all the ways of a man are clean in his own sight, but the Lord weighs the motives. Commit your works to the Lord and your plans will be established.

Habakkuk 2:2, 3 "... Record the vision and inscribe it on tablets, that the one who reads it may run. For the vision is yet for the appointed time; it hastens toward the goal and it will not fail. Though it tarries, wait for it; for it will certainly come, it will not delay."

The following exercise is something my family and I have done for years at the beginning of each season/year. You can adapt this simple tool that I call Roles & Goals for any age or season of life. Yes, our kids participated too, even when they were young! It's amazing to look back and see all the things that we learned just by being intentional to listen to God and to develop a plan!

I encourage you to set aside time to seek the Lord and discern His heart through prayer, listening and responding. As you do, I trust that you'll be overwhelmed by His love and grace to lead you and walk with you into all that He has for you!

In His Strength & Love,





## Any general words from the Lord that He has spoken to you about this season/year:

<b>Spiritually:</b> (Devotional time or a specific tool/resource, growing in one of the spiritual disciplines, etc.)
1 Timothy 4:8  1.
2.
<b>Mentally:</b> (Books/podcasts, mindset like gratitude, life skill to learn like riding a bike or playing guitar, etc.) <i>Romans 12:2</i> 1.
2.
<b>Physically:</b> (Healthy exercise, eating, sleeping, etc.) <i>1 Corinthians 10:31</i> 1.
2.
<b>Financially:</b> (Needed adjustments to living simply, giving generously, working diligently, etc.) <i>2 Corinthians 9:6-12</i>
1.
2.
<b>Family:</b> (A specific focus on family investment, relationships that need restored, investing in someone as a spiritual father/mother, etc.) <i>Deuteronomy 6:6, 7</i> 1.
2.
<b>Relationships:</b> (Discipleship investment, befriending someone for evangelism, accountability relationships, etc.) 2 <i>Timothy 2:2, John 13:34</i>
1.
2.
<b>Work:</b> (What is your assignment/project to accomplish?) <i>Proverbs 21:5, Colossians 3:23, 24</i> 1.

2.

## What should my DAILY SCHEDULE look like in this next season? My daily and weekly rhythms?

Sunday –		
Monday –		
Tuesday —		
Wednesday –		
Thursday –		
Friday –		
Saturday –		